

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Tate JONES

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:04:45

200M SWIM SPLIT

00:17:13

10KM BIKE SPLIT

00:12:20

2KM RUN SPLIT

00:40:41

OVERALL TIME

30-39

CATEGORY

14

CATEGORY PLACING

115

OVERALL PLACING