

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Laura DILLON

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:04:36

200M SWIM SPLIT

00:20:08

10KM BIKE SPLIT

00:13:13

2KM RUN SPLIT

00:44:34

OVERALL TIME

20-29

CATEGORY

28

CATEGORY PLACING

188

OVERALL PLACING