

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Kassandra BOESS

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:04:30

200M SWIM SPLIT

00:18:31

10KM BIKE SPLIT

00:11:13

2KM RUN SPLIT

00:40:57

OVERALL TIME

20-29

CATEGORY

14

CATEGORY PLACING

120

OVERALL PLACING