

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

TEAM Team Pozy

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:15:20

750M SWIM SPLIT

00:57:41

20KM BIKE SPLIT

00:34:13

5KM RUN SPLIT

01:51:35

OVERALL TIME

Relay

CATEGORY

10

CATEGORY PLACING

18

OVERALL PLACING