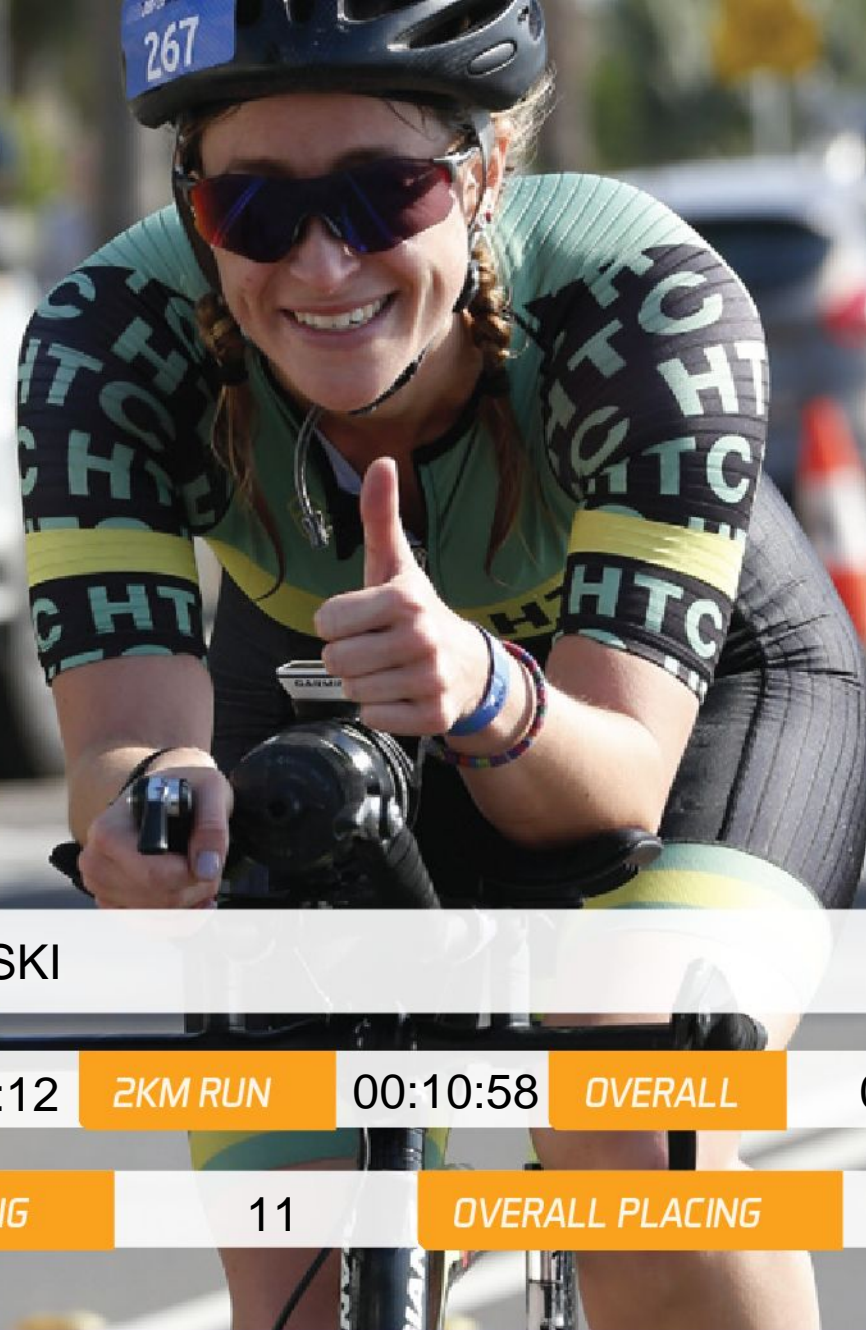




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SUPER SPRINT

Sebastian NEDESKI

200M SWIM

00:06:54

10KM BIKE

00:28:12

2KM RUN

00:10:58

OVERALL

00:52:52

CATEGORY

12-13

CATEGORY PLACING

11

OVERALL PLACING

92

POWERADE.

Destination
WOLLONGONG

Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

P&B
Traffic
Management

ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
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KIND

soto

catfish