

CONGRATULATIONS!

Richard MCGLONE

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Port Stephens Triathlon 11th May 2024

00:16:07

1.5KM SWIM SPLIT

01:22:13

40KM BIKE SPLIT

00:52:47

10KM RUN SPLIT

02:40:08

OVERALL TIME

25-29

CATEGORY

30

CATEGORY PLACING

139

OVERALL PLACING