

# CONGRATULATIONS!

## Amy NOSIKE

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Port Stephens Triathlon 11<sup>th</sup> May 2024*

00:10:26

750M SWIM SPLIT

01:26:21

27KM BIKE SPLIT

00:40:27

5KM RUN SPLIT

02:27:50

OVERALL TIME

40-44

CATEGORY

7

CATEGORY PLACING

268

OVERALL PLACING