

# CONGRATULATIONS!

## Alana WARD

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Port Stephens Triathlon 11<sup>th</sup> May 2024*

00:07:58

750M SWIM SPLIT

00:59:43

27KM BIKE SPLIT

00:24:47

5KM RUN SPLIT

01:37:41

OVERALL TIME

16-19

CATEGORY

3

CATEGORY PLACING

129

OVERALL PLACING