

# CONGRATULATIONS!

## Lara MCEWEN

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

*As part of the Port Stephens Triathlon 11<sup>th</sup> May 2024*

00:09:43

200M SWIM SPLIT

00:46:59

13KM BIKE SPLIT

00:13:11

2KM RUN SPLIT

01:14:27

OVERALL TIME

20-29

CATEGORY

9

CATEGORY PLACING

83

OVERALL PLACING