

# CONGRATULATIONS!

Helena LYONS

**FOR COMPLETING THE SUNDAY SPRINT DISTANCE TRIATHLON**

*As part of the Huskisson Triathlon Festival 6<sup>th</sup> November 2021*

00:19:00

750M SWIM SPLIT

00:50:39

20KM BIKE SPLIT

00:27:45

5KM RUN SPLIT

01:42:16

OVERALL TIME

20-29

CATEGORY

52

CATEGORY PLACING

323

OVERALL PLACING