HAWKS NEST SWIM.BIKE.RUN

Shannon QUARTLY

FINISHED THE 2022 HAWKS NEST STANDARD TRIATHLON

As part of the Hawks Nest Triathlon Festival

November 26, 2022

R		00:15:39 1.5км swim	01:19:27 40км віке	00:53:42 10км run	02:32:32 overall time		el .
eli		50-54 category	2 category	PLACING	130 overall placing		
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ALL BURN	Barrington Coast [®] MIDCOAST		L HL	JUB	🐸 Peoplecare	<u>ZOGGS</u>	ATHLETIC BREWIN NON-ALCONOLIC BREM