

TRI HAWKS NEST SWIM.BIKE.RUN

Rod PARKES

FINISHED THE 2022 HAWKS NEST SUPER SPRINT TRIATHLON

As part of the Hawks Nest Triathlon Festival

November 26, 2022

00:07:04

200M SWIM

00:18:51

7.5KM BIKE

00:11:38

2KM RUN

00:39:33

OVERALL TIME

40-49

CATEGORY

2

CATEGORY PLACING

9

OVERALL PLACING

