

# CONGRATULATIONS!

James Crawford

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Callala Triathlon Festival 16<sup>th</sup> December 2023*

00:18:43

750M SWIM SPLIT

00:46:56

20KM BIKE SPLIT

00:30:08

5KM RUN SPLIT

01:40:33

OVERALL TIME

Clydesdale

CATEGORY

3

CATEGORY PLACING

179

OVERALL PLACING