

# CONGRATULATIONS!

Carika Nagel

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Callala Triathlon Festival 16<sup>th</sup> December 2023*

00:32:36

1.5KM SWIM SPLIT

01:31:09

40KM BIKE SPLIT

01:14:27

10KM RUN SPLIT

03:23:25

OVERALL TIME

45-49

CATEGORY

3

CATEGORY PLACING

197

OVERALL PLACING