

# CONGRATULATIONS!

Michael Youd

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Callala Triathlon Festival 16<sup>th</sup> December 2023*

00:28:00

1.5KM SWIM SPLIT

01:29:42

40KM BIKE SPLIT

00:56:21

10KM RUN SPLIT

02:59:48

OVERALL TIME

20-24

CATEGORY

13

CATEGORY PLACING

146

OVERALL PLACING