

# CONGRATULATIONS!

Douglas THOMAS

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Callala Triathlon Festival 17<sup>th</sup> December 2022*

00:10:40

750M SWIM SPLIT

00:43:04

20KM BIKE SPLIT

00:28:49

5KM RUN SPLIT

01:29:29

OVERALL TIME

50-54

CATEGORY

9

CATEGORY PLACING

158

OVERALL PLACING