

# WORLD'S TOUGHEST HALF MARATHON

## COMPLETED THE POINT TO PINNACLE RUN IN Helen KARAKOSTANTIS

FIRST HALF: 01:34:18  
SECOND HALF: 02:05:18

GUN TIME: 03:40:48  
NET TIME: 03:39:35

CATEGORY: 30-34  
CATEGORY PLACE: 43

PHOTO CREDIT: JASON CHARLES HILL

