

# CONGRATULATIONS!

Zali BOWDEN

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 21<sup>st</sup> April 2024*

00:02:50

200M SWIM SPLIT

00:12:27

10KM BIKE SPLIT

00:08:45

2KM RUN SPLIT

00:27:43

OVERALL TIME

14-15

CATEGORY

3

CATEGORY PLACING

8

OVERALL PLACING