

# CONGRATULATIONS!

## TEAM Cat & Lyds

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 21<sup>st</sup> April 2024*

00:11:35

750M SWIM SPLIT

00:38:02

20KM BIKE SPLIT

00:24:14

5KM RUN SPLIT

01:19:17

OVERALL TIME

Relay

CATEGORY

1

CATEGORY PLACING

3

OVERALL PLACING