

# CONGRATULATIONS!

TEAM Father and son bonding  
weekend 3rd attempt

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 21<sup>st</sup> April 2024*

00:12:46  
750M SWIM SPLIT

00:39:01  
29KM BIKE SPLIT

00:21:25  
5KM RUN SPLIT

01:18:32  
OVERALL TIME

Relay  
CATEGORY

2  
CATEGORY PLACING

2  
OVERALL PLACING