

CONGRATULATIONS!

Brendan VAN DER SPEK

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 21st April 2024

00:24:15

1.5KM SWIM SPLIT

01:05:59

40KM BIKE SPLIT

00:46:32

10KM RUN SPLIT

02:22:40

OVERALL TIME

25-29

CATEGORY

20

CATEGORY PLACING

167

OVERALL PLACING