

# CONGRATULATIONS!

**Nicholas POCKL-DEEN**

**FOR COMPLETING THE STANDARD DISTANCE TRIATHLON**

*As part of the Wollongong Triathlon Festival 21<sup>st</sup> April 2024*

00:26:46

1.5KM SWIM SPLIT

01:09:55

40KM BIKE SPLIT

00:45:07

10KM RUN SPLIT

02:26:23

OVERALL TIME

25-29

CATEGORY

25

CATEGORY PLACING

209

OVERALL PLACING