

# CONGRATULATIONS!

**Nigel WOODS**

**FOR COMPLETING THE STANDARD DISTANCE TRIATHLON**

*As part of the Wollongong Triathlon Festival 21<sup>st</sup> April 2024*

00:21:20

1.5KM SWIM SPLIT

01:07:39

40KM BIKE SPLIT

00:49:15

10KM RUN SPLIT

02:22:41

OVERALL TIME

35-39

CATEGORY

21

CATEGORY PLACING

168

OVERALL PLACING