

# IRONMAN<sup>®</sup> 70.3<sup>®</sup> WESTERN SYDNEY

22 SEPTEMBER 2024

FINISHER

Emily NOWLAND

SWIM 00:36:44 BIKE 02:54:04 RUN 01:59:36 OVERALL 05:36:14

AGE GROUP 30-34 AGE GROUP RANKING 17 OVERALL RANKING 491

ANYTHING IS POSSIBLE