



**GWM**  
**IRONMAN**  
**70.3** MELBOURNE

12 NOV 2023

**FINISHER** Paul FRANCIS

**SWIM** 00:19:19 **BIKE** 02:42:05 **RUN** 01:51:14 **OVERALL** 04:59:50

**AGE GROUP** 65-69 **AGE GROUP RANKING** 2 **OVERALL RANKING** 500

**ANYTHING IS POSSIBLE**