



GWM
IRONMAN
70.3 MELBOURNE

12 NOV 2023

FINISHER Helen NAPIER

SWIM 00:20:10 **BIKE** 02:53:51 **RUN** 02:08:25 **OVERALL** 05:30:19

AGE GROUP 45-49 **AGE GROUP RANKING** 14 **OVERALL RANKING** 837

ANYTHING IS POSSIBLE