



GWM
IRONMAN
70.3 MELBOURNE

13 NOV 2022

FINISHER James LONERAGAN

SWIM 00:32:49 **BIKE** 02:32:04 **RUN** 01:29:39 **OVERALL** 04:40:48

AGE GROUP 18-24 **AGE GROUP RANKING** 10 **OVERALL RANKING** 163

ANYTHING IS POSSIBLE