

MaiCoin ●
IRONMAN
70.3® TAIWAN
KENTING 

CERTIFICATE

FINISHER

Pok Hang LAI



1.9KM

OVERALL

07:11:43



90KM



21.1KM

SWIM

00:23:54

BIKE

03:12:16

RUN

03:12:56

T1

00:11:33

T2

00:11:02

DATE

6 Oct

CATEGORY

45-49

AGE GROUP RANKING

OVERALL RANKING

INDIVIDUAL

6 OCTOBER 2024