

# IRONMAN®

## 70.3®



### JAPAN

HIGASHIMIKAWA  
ATSUMI PENINSULA

**SWIM:1.9km BIKE:90.1km RUN:21.1km**

**This certifies that**

宮本 穂生

**Has successfully completed:**

|             |          |
|-------------|----------|
| <b>SWIM</b> | 00:28:11 |
| <b>T1</b>   | 00:04:45 |
| <b>BIKE</b> | 02:29:34 |
| <b>T2</b>   | 00:02:31 |
| <b>RUN</b>  | 01:34:41 |

**Total Time:**

04:39:45

**June 10, 2023**