

IRONMAN®

70.3®



JAPAN

HIGASHIMIKAWA
ATSUMI PENINSULA

SWIM:1.9km BIKE:90.1km RUN:21.1km

This certifies that

蓼沼 嘉宏

Has successfully completed:

SWIM 00:38:36

T1 00:07:23

BIKE 02:48:47

T2 00:04:44

RUN 02:10:58

Total Time:

05:50:29

June 10, 2023