

IRONMAN[®]

70.3[®]



JAPAN

HIGASHIMIKAWA
ATSUMI PENINSULA

SWIM:1.9km BIKE:90.1km RUN:21.1km

This certifies that

内藤 博義

Has successfully completed:

SWIM	00:49:53
T1	00:08:09
BIKE	03:18:04
T2	00:04:32
RUN	02:28:32

Total Time:

06:49:12

June 10, 2023