

IRONMAN[®]

70.3[®]



JAPAN

HIGASHIMIKAWA
ATSUMI PENINSULA

SWIM:1.9km BIKE:90.1km RUN:21.1km

This certifies that

内田 進

Has successfully completed:

SWIM	00:43:37
T1	00:08:05
BIKE	03:01:23
T2	00:04:39
RUN	02:23:19

Total Time:

06:21:05

June 10, 2023