



2023 FINISHER

CONGRATULATIONS!

Jo COWAN

FOR COMPLETING THE SPRINT TRIATHLON

As part of the Shimano Husky Triathlon Festival 25th Feb 2023

00:19:56

750M SWIM SPLIT

00:48:53

20KM BIKE SPLIT

00:37:29

5KM RUN SPLIT

01:52:36

OVERALL TIME

65-69

CATEGORY

8

CATEGORY PLACING

1308

OVERALL PLACING

SHIMANO



Peoplecare

POWERADE

HOKA

ZOGGS

Revvies
ENERGY STRIPS

fisiocrem



HUUB

Shoalhaven
SOUTH COAST NSW



TRI365