

# 2XU TRIATHLON SERIES 2024

**WELL DONE!**

Lydia Nolan

## 2XU Triathlon - Sprint 30-34

Swim: 00:10:51

T1: 00:07:02

Bike: 00:48:49

T2: 00:01:26

Run: 00:27:28

# 01:35:37

32 / 45

Race 1 | Elwood

26 November 2023

**6 RACES**

Race 1 | Elwood 26.11.23

Race 4 | Sandringham 11.02.24

Race 2 | Brighton 10.12.23

Race 5 | Elwood 03.03.24

Race 3 | St Kilda 14.01.24

Race 6 | St Kilda 24.03.24

TWO TIMES YOU

**2XU**

**O2EVENTS**

**sis**  
SCIENCE IN SPORT

 **ENGINE**

**T3 #trishop**

**TRI-ALLIANCE**  
#trainingwithpurpose

Proudly supporting  
**Beyond Blue**

platinumphysio  
healthcare and fitness

**AUS TRIATHLON**

