

# 2XU TRIATHLON SERIES 2023

**WELL DONE!**

**James LAMBOURNE**

## 2XU Triathlon - Fun Tri Solo 14-15

**Swim:** 00:04:08

T1: 00:03:03

**Cycle:** 00:15:35

T2: 00:01:29

**Run:** 00:08:57

# 00:33:14

Category Rank: 6 / 40

**Race 4 | Sandringham** 12 February 2023

**6 RACES**

**Race 1 | Elwood** 27.11.22

**Race 2 | Brighton** 11.12.22

**Race 3 | St Kilda** 15.01.23

**Race 4 | Sandringham** 12.02.23

**Race 5 | Elwood** 05.03.23

**Race 6 | St Kilda** 26.03.23

TWO TIMES YOU

**2XU**

**O2EVENTS**

**PILLAR**  
PERFORMANCE

**ENGINE**

**TRI-ALLIANCE**  
#trainingwithpurpose

Proudly supporting  
**Beyond Blue**

**LAKESIDE**  
SPORTS MEDICINE CENTRE

**TRIATHLON**  
VICTORIA

