

# 2XU TRIATHLON SERIES 2023

WELL DONE!

Karen Lake

## 2XU Triathlon - Sprint Solo 40-44

Swim: 00:13:23

T1: 00:02:59

Cycle: 00:49:21

T2: 00:01:36

Run: 00:25:25

# 01:32:46

Category Rank: 3 / 17

Race 3 | St Kilda

15 January 2022

6 RACES

Race 1 | Elwood 27.11.22

Race 4 | Sandringham 12.02.23

Race 2 | Brighton 11.12.22

Race 5 | Elwood 05.03.23

Race 3 | St Kilda 15.01.23

Race 6 | St Kilda 26.03.23

TWO TIMES YOU

2XU

O2EVENTS

PILLAR  
PERFORMANCE

ENGINE

TRI-ALLIANCE  
#trainingwithpurpose

Proudly supporting  
Beyond  
Blue

LAKESIDE  
SPORTS MEDICINE CENTRE

TRIATHLON  
VICTORIA

