



GWM  
**IRONMAN**  
**70.3** MELBOURNE

13 NOV 2022

**FINISHER** Ryan POGUE

**SWIM** 00:34:19 **BIKE** 02:22:25 **RUN** 01:35:38 **OVERALL** 04:38:58

**AGE GROUP** 45-49 **AGE GROUP RANKING** 9 **OVERALL RANKING** 154

**ANYTHING IS POSSIBLE**